

Creative and Caring Counseling, LLC

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Client Rights & Responsibilities

As a client, you have certain rights:

- You have the right to dignity as an individual human being.
- You have the right to equal consideration and treatment regardless of your sex, age, race, religion, color, economic status, or sexual preference.
- You have the right to be provided with professional and respectful care.
- You have the right to confidentiality. No information will be released without your written consent except as required by law. In general, issues of suicide, homicide, and child abuse require actions (and release of information) without your consent. There are other specific areas of the law that may terminate your right of confidentiality.
- You have the right to know our assessment of the problem, the recommended treatment, and resources available to help improve this problem.
- You have the right to refuse treatment. Even though your counselor may strongly suggest you seek help, you may choose to not follow the counselor's advice. Should you choose to refuse treatment, you will be apprised of consequences that may result from your refusal. Alternatives may be available.

Along with these rights go certain responsibilities. These are:

- To be honest, open and willing to share your concerns with your clinician.
- To ask questions when you do not understand or need clarification.
- To discuss any reservations you have about your treatment plan with your clinician.
- To follow the treatment plan agreed upon.
- To report changes or unexpected events as related to your problem with your clinician.
- Keep appointments whenever possible and to call and cancel within 24-hours prior to your appointment. Otherwise you will be charged for that session.
- Remember that you are responsible for your thoughts, feelings, actions, and your growth.

Ready to resolve some issues?

Please contact me for a free consultation to help you decide if you'd benefit from therapy.

Call Barbara at 720-839-4720